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## Therapeutic Ear Cleaning Instructions

**Follow these steps once or twice / week and after swimming or bathing to aid in the prevention of ear infections.**

1. Moisten a cotton ball with the ear cleaning solution (i.e. Epi-Otic®, Keto-Flush®)
2. Wipe the vertical ear canal out with your moistened cotton ball.
  - Repeat until your cotton ball comes out clean.
3. Use a Q-Tip to clean the “cracks and crevices”.
  - \* Do not put the Q-Tip deep into the ear canal.
4. Fill the ear canal with the ear cleaning solution.
  - Gently massage the base of the ear.
  - Place a dry cotton ball into the ear canal and gently massage the base of the ear.
  - Repeat this process until the cotton ball comes out clean.

**Follow these steps if your pet experiences chronic ear infections. Place a “Swimmer’s Ear Solution” into the ear after the ear cleaning.**

1. Fill the ear canal with the swimmer’s ear solution.
2. Let the solution set for thirty to sixty seconds.
3. Remove excess solution with a dry cotton ball.

### **Swimmers Ear Solution Recipe**

- Mix **3 parts** isopropyl alcohol with **1 part** white vinegar.

\*\* Severe and permanent damage to the ear may result if an ear infection is left untreated. These steps are to be used as preventive measures only and not as a treatment.

*If your pet has an ear infection, please schedule an appointment at (773) 549-3131.*

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